

## NATIONAL SERVICE SCHEME ANNUAL REPORT 2014-15:

The college has three units of NSS with the enrollment of 100 volunteers each. The following are the details of the programmes pursued by the units throughout the session.

### Regular activities

- Presentation of eye donation documentary by Dr. Sudesh Arya, Head of Cornea & Eye Bank, Department of Ophthalmology, GMCH-32 of Chandigarh on September 5, 2014. He explained the real meaning of eye donation.
- NSS elections for the post of president, group leaders and sub-group leaders took place. Varinder Singh grabbed the position of president.
- Teacher's day was celebrated on September 5, 2014. Variety of events like music competitions and cultural activities took place.
- International Literacy Day was also celebrated to mark the importance of education in this era. Slogan of *SAB PADDEIN SAB BADDEIN* was raised.
- International peace day observed by tutorial group 5 and 14. The students participated actively and exhibited the need to establish peace.
- NSS day was celebrated on September 24, 2014. One day blood donation camp was conducted in which Dr. Yograj Angrish, NSS Programme Coordinator, Panjab University, Chandigarh was the chief guest.
- Students paid homage to Shaheed Bhagat Singh by celebrating his birth anniversary on September 27, 2014 with the presentation of varied speeches based on the life of Bhagat Singh and patriotic songs.
- Pre-Diwali celebrations took place with the message of "POLLUTION FREE DIWALI, BRINGS EVERY WHERE KHUSHALI." Dr. Harsh Batra administered the oath to students and staff members as a part of Prime minister's Green India Clean India Campaign.
- Students celebrated vigilance week from October 27 - November 1, 2014 at the various schools allotted to them for teaching practice. The theme of vigilance week was "COMBATING CORRUPTION - TECHNOLOGY AS AN ENABLE."
- College also put some efforts to make the would-be teachers aware by organizing poster-making and slogan-writing competitions on AIDS.

- NSS volunteers participated in the Polio Campaign on January 17-19 2015. They provided door-to-door services.
- A talk was given by Dr. Soma Rani, Family Welfare Officer Chandigarh Administration as a part of campaign BETI BACHAO BETI PADHAO inaugurated by Prime Minister Shri. Narendra Modi to protect the female child.
- On the 'National Voters' Day' on January 25, 2015 a talk was given by Karan Tewari, Campus Ambassador to spread the message of election awareness. Oath was also administered.
- 66<sup>th</sup> Republic day was celebrated in the college campus. Students and the staff members celebrated this day with a feeling of great patriotism.
- One day NSS Camp was held on March 30, 2015 wherein students observed cleanliness campaign and intersection skit competition was organized on the Importance of Cleanliness.

### **Special Camp**

The NSS unit of the college organised a 'Special Seven Day NSS Camp' from 1.10.2014 to 7.10.2014. Following events took place in seven days:

- The seven day NSS camp was inaugurated on October 01, 2014 in the college auditorium with a motivational talk by Sh. Bikram Singh Rana, State Liaison Officer, NSS, Chandigarh Administration.
- The volunteers of NSS camp made a contributing visit to Government High school, Kajheri by bringing about an awakening in the school pupils regarding personal hygiene.
- The volunteers energetically gave-in to the self defence training for the 7 days. Chandigarh Police trainers also gave a very informative talk to the trainees about the need of self defence.
- Joining hands with the countrymen for realizing the importance to create awareness about female child, a peaceful candle march took place at sector 10 by volunteers.
- A yoga session by a team from Govt. College of Yoga, sector 23, Chandigarh headed by Mr. Roshan Lal was organized. The students participated in the various asanas.
- Principal Dr. Harsh Batra administered the oath to students and staff members regarding Swatch Bharat Abhiyan started by Hon'ble Prime Minister.
- Dr. Punam Bansal, Assistant Professor gave an eye-opening talk on 'Disaster Management' in which pupil teachers were made conscious on the methodology to tackle both natural and man-made disasters.

- The volunteers carried on with duties with college and village school cleanliness with spark and dynamism. Each and every nook and corner of the village school and college was taken care of and was cleaned-up by the young bloods.
- A moving lecture on the pious cause of organ donation was taken-up by Prof. Dr. R.K. Dhiman, head of the Department of Hepatology, PGIMER. With the insightful talk, volunteers got inspired to think about the godly act of organ donation.
- The NSS volunteers enthusiastically celebrated Dusshetra. The hand-made effigy of Ravan was burnt by NSS in-charge teachers and students that symbolized victory of good over evil.
- To create awareness amongst students regarding road accidents, a lecture on road safety was delivered by the traffic police team headed-by wing commander Retd. Mr. C.S. Grewal, Chief Traffic Marshal and Mr. R.L. Gupta, Traffic Marshal.
- With the motto of Clean the earth, Green the earth, the NSS students planted different varieties of saplings of trees and shrubs in the college campus and village school.
- A lecture was delivered by the team lead by Sh. Paramjit Singh, Fire and Emergency services Dept., Chandigarh and a demonstration was given on the techniques to prevent fire accidents and precautions that need to be taken in order to avoid fire outbreak.
- The games session took place in the boys and girls hostels of the college. The games included were ludo, carrom and chess.
- Two groups of volunteers made a visit to Institute for Blind, sector 26 and Old Age Home situated in sector 15. The students experienced a quality time amongst these marginalized groups and vowed to serve these classes.
- Tree plantation at the Kajheri village school as a part of environment preservation was done by volunteers. They planted various medicinal plant saplings.
- A relaxing moment was felt by the audience during the address of self realization talk by Brahma Kumari Sisters Neha and Rajinder from Rajyoga Bhawan, Sector 33, Chandigarh. Students were motivated to combat anger.
- To give wholeness to the operation of NSS seven day camp, lecture on nutritional requirements of Indian adults was conveyed by Dr. Sapna Nanda.